# THE RUDIMENTS: 

## A Learning Sequence

INCLUDING: APPLICATION EXERCISES AND PROGRESS CHART

## Quadrant C

21. Triple Paradiddle
22. Six Stroke Roll
23. Seven Stroke Roll
24. Fifteen Stroke Roll
25. Flam Paradiddle
26. Single Flammed Mill
27. Pataflafla
28. Single Drag Tap
29. Double Drag Tap
30. Single Ratamacue

Learning Sequence Handbook Courtesy Of:

the number ONE drumstick in the world!

## THE RUDIMENTS: A Learning Sequence

## Quadrant C

21. TRIPLE PARADIDDLE


Applied:


TRACK YOUR PROGRESS:

| BRONzE | SILVER | COLD | PLATINUM | DIAMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=55-80$ | m.m. $=85-110$ | m.m. $=115-140$ | m.m. $=145-170$ | m.m. $=175-200$ |
|  |  |  |  |  |

22. SEVEN STROKE ROLL


## Duple Interpretation

Applied:


TRACK YOUR PROGRESS:

| BRONZE | SILVER | COLD | PLATINUM | DIAMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=60-80$ | m.m. $=90-110$ | m.m. $=120-140$ | m.m. $=150-170$ | m.m. $=180-200$ |
|  |  |  |  |  |

Triple Interpretation

Applied:


TRACK YOUR PROGRESS:

| BRONFE | SILVER | GOLD | PLATINUM | DIAMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=50-60$ | m.m. $=65-75$ | m.m. $=80-90$ | m.m. $=95-110$ | m.m. $=115-130$ |
|  |  |  |  |  |

## TLE RUDIMENTS:



Applied:


TRACK YOUR PROGRESS:

| BROIV2 | STMVER | COLD | PLATMUUK | DIAMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=60-75$ | m.m. $=80-95$ | m.m. $=100-115$ | $m . m .=120-135$ | m.m. $=140-160$ |
|  |  |  |  |  |

24. 15 STROKEROLL

Applied:


TRACK YOUR PROGRESS:

| BROMVE | STMVER | COLD | PLATMNU | DTAMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=60-75$ | m.m. $=80-95$ | m.m. $=100-115$ | m.m. $=120-135$ | m.m. $=140-160$ |
|  |  |  |  |  |

25. FLAM PARADIDDLE


## TRACK YOUR PROGRESS:

| BRONRE | SILVER | COLD | PLATINUM | DIAMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=50-60$ | m.m. $=70-85$ | m.m. $=90-105$ | m.m. $=110-125$ | m.m. $=130-150$ |
|  |  |  |  |  |

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# THE RUDIMENTS: 



Applied:
 TRACK YOUR PROGRESS:

| BRON2 | SWMER | COLD | PLATMNU | D/AMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=50-70$ | m.m. $=75-95$ | m.m. $=100-120$ | $m . m .=125-145$ | m.m. $=150-160$ |
|  |  |  |  |  |

27. PATA-FLAFLA


Applied:


TRACK YOUR PROGRESS:

| BROMVE | STMVR | COLD | PLATMNU | DTAMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=50-65$ | m.m. $=70-85$ | m.m. $=90-105$ | m.m. $=110-125$ | m.m. $=130-150$ |
|  |  |  |  |  |

28. SINGLEDRAG


Duple
Applied:


TRACK YOUR PROGRESS:

| BRONRE | SILVER | COLD | PLATINUM | DAMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=50-60$ | m.m. $=65-75$ | m.m. $=80-90$ | m.m. $=95-105$ | m.m. $=110-120$ |
|  |  |  |  |  |

Triple Applied:


TRACK YOUR PROGRESS:

| BRONRE | SHVER | COLD | PLATINUM | DIAMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=75-90$ | m.m. $=95-110$ | m.m. $=115-130$ | m.m. $=135-150$ | m.m. $=155-170$ |
|  |  |  |  |  |

TLE RUDIMENTS:
29. DOLBLEDRAG


Applied:


TRACK YOUR PROGRESS:

| BROMRE | STHVER | COLD | PLATMUM | D/AMOMD |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=40-45$ | m.m. $=50-55$ | m.m. $=60-65$ | m.m. $=70-75$ | m.m. $=80-85$ |
|  |  |  |  |  |

Applied:


TRACK YOUR PROGRESS:

| BROMFA | STM/ER | COLD | PLATMUUM | D/AMMOMD |
| :---: | :---: | :---: | :---: | :---: |
| $m \cdot m .=40-45$ | $m \cdot m .=50-55$ | $m \cdot m .=60-65$ | $m \cdot m .=70-75$ | $m \cdot m .=80-85$ |
|  |  |  |  |  |

30. SINGLE RATAMACLIE


Applied:


## TRACK YOUR PROGRESS:

| BRONRE | STMER | COLD | PLATMUN | DMAOTD |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=50-60$ | m.m. $=65-75$ | m.m. $=80-95$ | m.m. $=100-115$ | m.m. $=120-135$ |
|  |  |  |  |  |

LEARN YOUR RUDIMENTS ONLINE!
 THE PERFECT PAIR ${ }^{\oplus}$

WATCH A VIDEO OF THE RUDIMENT BEING PLAYED BY DR. JOHN WOOTON!
PLAY ALONG WITH OUR AUDIO FILES!
TRACK YOUR PROGRESS! EACH LEVEL HAS A MIDI FILE TO PLAY ALONG WITH!
GET PRACTICE SUGGESTIONS AND EXERCISES FROM THE EXPERTS!

