THE RUDIMENTS:

A Learning Sequence

INCLUDING: APPLICATION EXERCISES AND PROGRESS CHART

Quadrant A

- 1. Single Stroke Roll
- 2. Single Stroke Four
- 3. Single Paradiddle
- 4. Multiple Bounce Roll
- 5. Double Paradiddle
- 6. Flam
- 7. Flam Tap
- 8. Ruff (Drag)
- 9. Five Stroke Roll
- 10. Open (Double Stroke) Roll

Learning Sequence Handbook Courtesy Of:



THE PUDIMENTS:

Quadrant A





Applied:



TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 44 – 58	m.m. = 60 - 72	m.m. = 74 - 86	m.m. = 88 – 100	m.m. = 102 - 114









TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 60 - 84	m.m. = 84 - 108	m.m. = 108 - 132	m.m. = 132 - 156	m.m. = 156 - 180

3. SINGLE PARADIDDLE



TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 44 – 58	m.m. = 60 - 72	m.m. = 74 - 86	m.m. = 88 – 100	m.m. = 102 - 114

4. MULTIPLE BOUNCE ROLL



Applied:

Each of the following exercises is written within a tempo marking that is appropriate to produce the best quality of sound for a buzz roll (for most applications). The "overlap" in recommended tempos takes into account various dynamic levels, drum sizes and head tensioning.



TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
exercise E	exercise C, F	exercise A	exercise D	exercise B







TRACK YOUR PROGRESS:

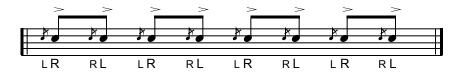
BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 40 – 56	m.m. = 60 - 76	m.m. = 80 - 96	m.m. = 100 - 116	m.m. = 120 - 136



A Learning Sequence

Quadrant A, page 3

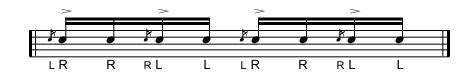
6. FLAM



TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 50 - 75	m.m. = 80 – 105	m.m. = 110 - 135	m.m. = 140 - 165	m.m. = 170 – 200

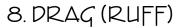
7. FLAM TAP



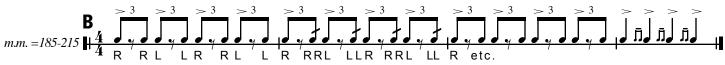
Applied:

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 50 - 65	m.m. = 70- 85	m.m. = 90 - 105	m.m. = 110 - 125	m.m. = 130 - 150









TRACK YOUR PROGRESS:

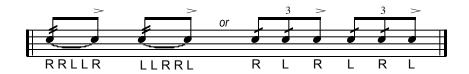
BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
Ex. A; m.m.= 80–110	Ex. A; m.m.= 115–145	Ex. A; m.m.= 150–180	Ex. B; m.m.= 185–215	Ex. C; m.m.= 220–250

THE RUDIMENTS:

A Learning Sequence

Quadrant A, page 4

9. FIVE STROKEROLL



Duple Interpretation



TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 60 - 75	m.m. = 80 - 95	m.m. = 100 - 115	m.m. = 120 - 135	m.m. = 140 - 160

Triple Interpretation



TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 80 - 95	m.m. = 100 - 115	m.m. = 120 - 135	m.m. = 140 - 155	m.m. = 160 - 180





TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 80 - 95	m.m. = 100 - 115	m.m. = 120 - 135	m.m. = 140 - 155	m.m. = 160 - 180

LEARN YOUR RUDIMENTS ONLINE!

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